

See a Ladies First participating doctor for

FREE!*



**Mammograms,
Cervical Pap tests
and
screenings for
cholesterol,
blood pressure
and more...**

"This is just the kind of help I've been looking for!"

Aloyse Rowley, Burlington

Gross Income for Year 2007 (before taxes)

Number in Household	Yearly	Monthly
1	\$25,525	\$2,127
2	\$34,225	\$2,852
3	\$42,925	\$3,577
4	\$51,625	\$4,302
5	\$60,325	\$5,027
6	\$69,025	\$5,752
7	\$77,725	\$6,477
8	\$86,425	\$7,202

*Eligibility is based on:

- Vermont residency
- Age
- Number in household
- Income
- See the back of this flyer for covered services.

Call Kate today at:
1-800-508-2222
TDD: 1-800-319-3141

For each additional person add \$8,700 to yearly income.

Number in household is anyone living in the household that is related by marriage, civil union, or a dependent child related by birth or adoption.



Breast Cancer, Cervical Cancer and Cardiovascular screening services for eligible Vermont women

	Age 18–39 (with breast symptoms or abnormal Pap)	Age 40 or older
Screening		
Breast	<ul style="list-style-type: none"> Clinical breast exam Breast self-exam instruction Screening mammogram 	<ul style="list-style-type: none"> Clinical breast exam Breast self-exam instruction Screening mammogram
Cervical	<ul style="list-style-type: none"> Pelvic exam Cervical Pap test 	<ul style="list-style-type: none"> Pelvic exam Cervical Pap test
Cardiovascular*	Not available	<ul style="list-style-type: none"> Blood pressure check Total cholesterol Body Mass Index (BMI) Diabetic Screening (glucose/sugar)
Diagnostic		
Breast	<ul style="list-style-type: none"> Diagnostic mammogram Ultrasound Consultation Second opinion Breast biopsy 	<ul style="list-style-type: none"> Diagnostic mammogram Ultrasound Consultation Second opinion Breast biopsy
Cervical	<ul style="list-style-type: none"> Colposcopy Other diagnostic tests 	<ul style="list-style-type: none"> Colposcopy Other diagnostic tests
Cardiovascular*	Not available	<ul style="list-style-type: none"> Follow-up glucose/sugar Follow-up cholesterol Lipid panel
And More		
Breast	<ul style="list-style-type: none"> Referral to Medicaid Treatment Act, if eligible 	<ul style="list-style-type: none"> Referral to Medicaid Treatment Act, if eligible
Cervical	<ul style="list-style-type: none"> Referral to Medicaid Treatment Act, if eligible 	<ul style="list-style-type: none"> Referral to Medicaid Treatment Act, if eligible
Cardiovascular*	Not available	<ul style="list-style-type: none"> Self-help material and support Help to quit smoking, with counseling, free patches, lozenges or gum

*The Cardiovascular component of the Program is offered to eligible members as a one time series. A series includes: An initial cardiovascular screening, a diagnostic follow-up (if needed), self-help material and support, and a final follow-up screening.

Please note, women covered by VHAP, Medicaid or Medicare Part B are encouraged to seek services through their applicable program. Ladies First is not able to enroll women covered by those programs.

If you have primary insurance coverage, the insurance will be billed first and you may have to pay a co-pay and/or your deductible (if applicable) for your visits and/or test(s).

Services are dependent on available program funding.